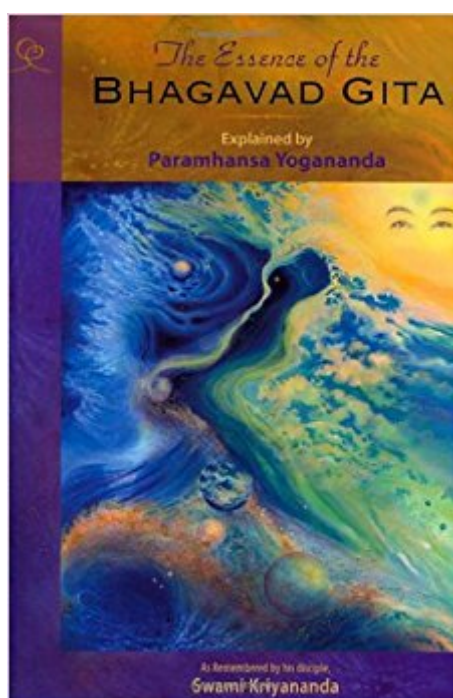


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The Essence Of The Bhagavad Gita: Explained By Paramhansa Yogananda, As Remembered By His Disciple, Swami Kriyananda



Synopsis

This revelation of India's best-loved scripture approaches it from an entirely fresh perspective, showing its deep allegorical meaning and also its down-to-earth practicality. The themes presented are universal: how to achieve victory in life in union with the divine; how to prepare for life's final exam, death, and what happens afterward; how to triumph over all pain and suffering. This expanded & revised second edition is now in paperback!

Book Information

Paperback: 484 pages

Publisher: Crystal Clarity Publishers; 2 edition (February 4, 2008)

Language: English

ISBN-10: 1565892267

ISBN-13: 978-1565892262

Product Dimensions: 6 x 1.8 x 9 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 63 customer reviews

Best Sellers Rank: #476,913 in Books (See Top 100 in Books) #73 in [Books > Religion & Spirituality > Hinduism > Sacred Writings > Bhagavad Gita](#) #1108 in [Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts](#) #14921 in [Books > Religion & Spirituality > New Age & Spirituality](#)

Customer Reviews

Kriyananda (J. Donald Walters), a lifelong disciple of the influential guru Yogananda, affirms his claim as an authoritative student of his master with this work. Because Kriyananda parted ways with Yogananda's organization, this book also rivals Yogananda's own commentary on this classic Indian scripture, which is published by his organization. Western students can certainly use all the help they can get in understanding the cultural specifics of the Bhagavad Gita in order to appreciate this story of universal questions asked of God on the eve of a battle. Kriyananda offers an interpretation that amounts to an explication of kriya yoga, a yoga system that is a philosophy and way of life. This comprehensive view will aid his or Yogananda's students, though anyone coming to this book seeking more general interpretation may find the text very hard to follow. The Gita's verses are completely broken up by commentary, making them impossible to read continuously, and most of the first chapter of the Gita isn't even included. The exposition itself rambles, requiring slow, methodical reading and patience with Sanskrit terms. Neophytes who want to open the

Bhagavad Gita need another key; this book doesn't speak to beginners. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

"It is doubtful that there has been a more important spiritual writing in the past 50 years than this soul-stirring, monumental work. Through a mind blessed with special clarity, Swami Kriyananda has brought us his most vivid memories of the explanations by Paramhansa Yogananda of the Bhagavad Gita, allowing us to hear with greater vibrancy than ever before the Melodies of the Divine. At last the "Lord's Song" is not a mystery to our mind, but music to our ears! What a gift! What a treasure! My personal gratitude to Swami Kriyananda shall be everlasting."
—Neale Donald Walsch, author of *Conversations with God* --This text refers to an out of print or unavailable edition of this title.

In trying to understand Hinduism I have heard from other sources that the Bhagavad Gita is the most popular story among Hindus, and I have heard that Paramhansa Yogananda is highly respected in America for this most excellent explanation of the story. A book written in another language can not simply be translated because many of the words in the foreign language do not have an equivalent word in English. Thus explanations are needed at every turn. I love this book, for its in depth, thought provoking presentation of this most famous story!

This commentary necessary for the understanding of the Gita if one does not have a guru to study with. It opened the symbolism up for me and I ended up loving the Gita and refer to it regularly.

Got it as a birthday gift for a friend and they love it.

This is a must reading for every esoteric, spiritual and or metaphysical student of Yoga or spiritual aspirant. Explained by Yogananda, through his direct student, Kriyananda. Easy to read and understand. The Gita is a book about you and your spiritual journey throughout the universe. This story is explained and interpreted for anyone to understand and practice. It flows smoothly, like all the books written by Kriyananda, from Yogananda. This will be your reference and constant guide on the spiritual path, now and beyond the five senses.

Awesome

For a clear understanding of the Gita, this book is the best. It embodies the understanding of a true saint, Yogananda. Kriyananda was a close disciple of Yogananda and the best writer of his inner circle. There are several reviewers who make personal attacks on Kriyananda. These attacks are politically motivated, as was the infamous lawsuit against Kriyananda orchestrated by Self Realization Fellowship. If you read the book, however, you will quickly realize that Kriyananda simply expresses Yogananda's insights in clear, grammatical English. Even if you buy the smear campaign, it has no relevance.

a lot of instruction in these pages.

All explained very well, so that anybody can read it and it explains in very simple words with best definitions ever. Swami Kriyananda was gifted with incredible memory and he made a very good use out of it. Paramhansa Yogananda's explanation of Gita is the best till date.

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